

Who knows what?

The Lead Professional will keep your information safe on the Early Help Assessment Tool system.

They only share your information with other people who can help you as part of your Family Action Plan.

Only workers who need to know about you will have information about you.

However, there may be times when those people need to share the information.

- When they need to find out urgently if a child or young person is at risk of serious harm
- To help a child or young person who is at risk of harm
- When an adult is at risk of harm
- To help prevent or detect a serious crime.



St. Helens Council

Contact Centre

Wesley House
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St. Helens
WA10 1HF

Tel: 01744 676789

Minicom: 01744 671671

→ www.sthelens.gov.uk/contactus

Please contact us to request translation of Council information into Braille, audio tape or a foreign language.

How can you find out more?

Talk to someone that is working with you or your family. This could be school, nursery, children's centre, health visitor, midwife, housing worker - anyone.



St. Helens Early Help Assessment

A Guide for
Parents and Carers



Every family has its ups and downs.

Being a parent is hard work and there are no instructions. Sometimes, you or your children may need extra support. This may be before your children are born, when very young, or throughout school.

An Early Help Assessment can help you to recognise:

- What is going well for you
- What you may need help with
- Who can help you.

It is your way of being able to tell your story only once to ensure you get the right support.



How does it work?

1. Somebody you are already working with will sit down with you to gather information about your family and any other services that might already be supporting you.
With your permission, they will contact the other services who will provide information about what support they are offering and how they think you could be helped further.
2. This information will then be used to create a support plan, looking at what you may need help with and who can help you.
You will then meet with all the services involved with your family (and any new ones). This is called a Family Action Meeting. Everyone at this meeting will agree what they can do to help you.
3. To make sure everything is going well for you and your family, you will have regular review meetings with the agencies supporting you.
You and your family get a copy of your assessment, plans and reviews.
Your views on what life is like for you and how you are finding the support are very important and should be included throughout your assessment and reviews.

Lead Professional or Key Person

This is someone who makes sure everyone is doing what they say they will to support you. You can also speak to them at any time to discuss any concerns or issues that you or your family may be experiencing. You can help to choose who this person is.

